

EFFECTIVE: SEPTEMBER 2004 CURRICULUM GUIDELINES

Α.	Division:	Educational Services	Effective Date:	September 2004		
В.	Department / Program Area:	Student Development/First Nations	Revision, Section(s) Revised:	X New Course C 00		
		D: Aboriginal Mer	ntor Support	E: 3		
	Subject & Cour	rse No. Descriptiv	e Title	Semester Credits		
F:	Calendar Descri	ption:				
	This course train	ns aboriginal students to work as peer h	nelpers, mentors and tutors	ers, mentors and tutors. The course includes training		

in peer support skills and peer tutoring

M: Course Objectives / Learning Outcomes

At the end of the course, the successful student should be able to:

- 1. Communicate effectively in a helping role.
- 2. Recognize and respect individual differences that affect learning and life choices.
- 3. Promote personal and academic skill development of self and others.
- 4. Help other students access information and resources.
- 5. Help others in an ethical manner.

N: Course Content:

- 1. Communication Skills
 - a. Listening
 - b. Speaking
 - c. Assertiveness
- 2. Principles of Helping
- 3. Understanding Self and Others as Holistic Beings
 - a. Values, needs, roles, and personal style
 - b. Individual differences
- 4. Roles and Relationships
 - a. Roles of tutor, tutee and instructor
 - b. Creating productive helping and tutoring relationships
- 5. Responsibilities of Peer Helpers, Mentors and Tutors
- 6. Characteristics of the Successful Learner
 - a. Knowledge
 - b. Skills
 - c. Attitudes
- 7. Principles of Tutoring
- 8. Structure of a Tutoring Session
- 9. Tutoring Techniques for:
 - a. Tutoring writing
 - b. Tutoring content
 - c. Tutoring study strategies
- 10. Coping with Problems in the Helping Relationship
- 11. Ethical Issues in Peer Helping

O: Methods of Instruction

Classes will be experiential in nature using a combination of short lectures, demonstrations, structured activities, and group discussions. Students will participate in role plays and other exercises designed to 2-5(e2 0 0 10.) no 2-i